### PARTICIPANT TESTIMONIALS

"The Still Standing presentation was very informative. It was moving to hear how the guys survived hardships and their own trauma."

Renata, Griot Circle Member

"The Joy of Intimacy presentation helped me learn how to take better care of myself. I gained the confidence to talk about my sexual health and well-being."

Robert, Attendee

"The Resiliency presentation was extraordinary! I have more tools on how to use the voices of my members as change agents in the community."

**Lisette Sosa** 

**Executive Director of RAICES** 



Griot Circle is a community-based multigenerational LGBTQ elders of color organization.

Our mission is to respond to and eliminate all forms of oppression, including: ageism, racism, sexism, misogyny, transphobia, homophobia, poverty, xenophobia, and their intersections.

We achieve this by providing health, wellness, advocacy, and leadership activities that remove isolation and fear, build community, as well as honors racial and ethnic traditions.

To book one of the free workshops or for more information contact:

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**GRIOT Circle** 



@griotcirclebk



griotcircle

# GRIOT CIRCLE COMMUNITY WORKSHOPS



"THE GREATNESS OF A
COMMUNITY IS MOST
ACCURATELY MEASURED
BY THE COMPASSIONATE
ACTIONS OF ITS MEMBERS."

**CORETTA SCOTT KING** 



### WSING THE STRENGTHS & RESILIENCY OF LGBTQ ELDERS OF COLOR TO CREATE CHANGE

## STILL STANDING AGING GRACEFULLY & POSITIVELY

Funded by AIDS Healthcare Foundation

### **ABOUT**

This workshop addresses overall sexual health among seniors. GRIOT Circle members discuss the stigma and barriers attached to aging and sex, and will share information on safe sex practices and the resources available to help prevent and treat HIV, hepatitis, and sexually transmitted diseases.

### PARTICIPANTS WILL

Learn how to safely enjoy a sexually intimate life.

Learn about community resources for testing and caring for sexually transmitted diseases.

Learn about barriers to sexual health and positive sexual practices.

Learn how and why sex and intimacy creates powerful health for seniors.

### **ABOUT**

This workshop focuses on the strengths that this chronically marginalized community possesses and the projects that were created that tap into their historic resiliency in order to cultivate them as leaders and create change. These leadership development opportunities, using a social justice and racial equality lens, allows members to create change in their lives, communities, and the LGBTQ movement.

### PARTICIPANTS WILL

Learn about the significant challenges faced by LGBTQ elders of color.

Learn about the importance of centering the voices of marginalized groups and how to leverage their experiences as strengths.

Learn how to tap into seniors' strengths and create leadership development opportunities that allow them to serve as change agents.

### **ABOUT**

This workshop promotes education, prevention, and the importance of access to quality care as it relates to HIV/AIDS. It uses the personal stories of members of GRIOT's HIV men's support group to highlight the unique medical challenges of the disease and that the aging process uniquely presents. In addition, it destigmatizes the shame surrounding disclosure and the many barriers that exist for the elderly population around HIV testing and care.

### PARTICIPANTS WILL

Learn about the circumstances impacting elders infected with HIV.

Learn what the barriers are to quality care and the tools needed to address them.

Learn about the resources available in the community for prevention, testing and care.